

Seats and Seat Belts.

1. The wearing of seat belts is compulsory under practice and race conditions.
2. Seat belts must be fitted for all seats fitted in a racecar.
3. Seat belts must be of the full harness type, with a minimum 5-point fixing.
4. Seat belts minimum width of 3 inches (75mm).
5. When using a non-racing seat the rear belts must be at 45 degrees to the seat back.
6. When using a manufactured racing seat with correct slots for the seat belts to go through, the rear belts may be at a maximum of 90 degrees to the seat back.
7. Seat belt fixings that are bolted through the floor must have a minimum sized plate washer of 3" x 2" x 1/8" (80mm x 80mm x 3mm) through which seat belt fixing bolt must pass. There should be a plate both sides of the panel, so the original panel is sandwiched.
8. Original seat belt fixings points in saloons may be used, provided that the surrounding area is sound.
9. Seats in 1450 & Super Saloons may be moved to any position required.
10. Seats in Juniors, Prod A, B, & Mod C must remain in or as near as possible to the original position.
11. Seats must not tilt, hinge or fold.
12. Seats must be bolted securely to the floor with a minimum of four fixing points.
13. It is recommended that strengthening plates be fitted between the floor and seat.
14. If runners are fitted to the seat, both halves must be bolted together.
15. Fibreglass seats are not permitted,
16. Proprietary Kevlar seats are permitted.
17. High back seats incorporating head restraints are compulsory.
18. It is recommended that alloy seats be supported just under shoulder strap holes.

